Bachelor in Nursing and Obstetrics

Content:

- Mission, vision, and objective
- Areas
- Seminaries of choice
- Subjects pre-accreditation
- Integrative practices

Mission

Supported by solid teaching personnel who are committed to an integral, flexible, critical, participative, and innovative education system, the mission is to strengthen the enrollment, permanence, development, and graduation of the students in the Bachelor in Nursing and Bachelor in Nursing and Obstetrics programs.

Vision

To keep the teaching personnel who are committed to the Bachelor in Nursing and Bachelor in Nursing and Obstetrics programs and who are capable of enabling teaching strategies in every space of the student’s development, thus fostering the formation of nursing professionals with a solid disciplinary, scientific, and humanistic knowledge, who can in turn positively impact the society.

Objective

To organize the academic-administrative tasks related to the Bachelor in Nursing and Bachelor in Nursing and Obstetrics programs so that teaching-learning student formation activities can take place.
Areas

Area I

Nursing and Health in Mexico

Semester 01
- Nursing History in Mexico
- Health Attention in Mexico
- Social-Anthropology
- Methodology of Research

Semester 02
- Human Anatomy and Physiology
- Ecology and Health
- General Psychology
- Nursing Fundamentals I

Semester 03
- Human Anatomy and Physiology II
- Pharmacology
- Basic and Applied Nutrition
- Nursing Fundamentals II
Area II

*Health-Illness Process in the Diverse Growing Stages*

**Semester 04**
- Health-Illness Process in the Child
- Nursing of the Child
- Development of the Child Personality
- Education Didactics in Health

**Semester 05**
- Nursing of the Adolescent, Adult, and the Elder I
- Development of the Adolescent, Adult, and Elder Personalities
- General Management

**Semester 06**
- Health-Illness Process in the Adolescent, Adult, and the Elder II
- Nursing of the Adolescent, Adult, and the Elder II
- Nursing Services Management
- Professional Ethics and Legislation

Area III

*Health-Illness Process in Human Reproduction*

**Semester 07**
- Obstetrics I
- Teaching in Nursing

**Semester 08**
- Obstetrics II
Seminaries of Choice

**Selected Topics in Nursing:**

- Name of the Seminary
- Human Genetics
- Alternatives in Nursing Care and Diagnostic
- Theories and Models for Nursing Care
- Intervention Methods and Techniques during Crisis
- Terminal Patient and Family Emotional Care
- Cancer Patient Nursing Care
- Elder Adult Nursing Care
- Obstetric Psycho-Prophylaxis

**Selected Topics in Humanistic Formation:**

- Social-Economical Problems in Mexico
- Introduction to Epistemology
- Philosophy
- Society, Health, and Nursing
- Micro-Sociology of Health-Related Daily Life
- Family Violence

**Selected Topics in Methodology Formation:**

- Nursing Research
- Clinical Nursing Research
- Nursing Services Management
- Nursing Care Quality Assessment
- Nursing Leadership Development
- Nursing Research Paradigms
- Phenomenological Method
**Subjects pre-accreditation**

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<th>In order to take:</th>
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Integrative Practices

For each semester, diverse practices will be conducted to integrate and articulate contents of diverse subjects in order to strengthen the acquired knowledge.

**Semester 01**

The students will do field research which relates to the corresponding theoretical contents of this semester’s subjects, culminating with a presentation in a forum.

**Semester 02**

Based on the paradigms related to the needs, the students will do communitarian practice aimed at assessing, apparently healthy individuals, integrating previous learning, so that they can begin experiencing the nursing care methodology.

**Semester 03:**

Based on the previous semester experience, the students do communitarian practices aimed at fostering health and preventing illness. Then, students will provide care through educational actions. Finally, based on the nursing process, students will provide supervised care to a hospitalized patient.

**Semester 04:**

The students will do communitarian and hospital practices. In the communitarian practices, the students will assess healthy children in kindergartens and schools in order to promote appropriate behaviors and identify possible health risks; and if it is the case, they will suggest referencing children to the corresponding institutions.

**Semesters 05 and 06:**

The students will do communitarian and hospital practices. In the first, based on the nursing process, they will progressively provide integral care aimed at maintaining health and preventing illness in adolescents, adults, and elders in their neighborhoods. In the second, based on the nursing process, the students will progressively provide supervised integral care to adolescents, adults, and elders in hospitals.
Semesters 07 and 08:

The aim of these practices is that students acquire clinical experience and develop skills from providing supervised caring for women in reproductive stages, highlighting the importance of decision-making and risk-assessing processes. These practices will be held at second level hospitals and centers in order to foster mother-child and family development communitarian work.